

Privacy Policy

At Nicole Flynn Nutrition + Wellness, your privacy is important to us. This Privacy Policy outlines how we collect, use, and protect your information when you visit our website or use our services.

1. Information We Collect

We may collect personal information that you voluntarily provide, such as your name, email address, phone number, and health-related details shared through forms, emails, or consultations.

We may also collect non-personal data such as your IP address, browser type, and pages visited for website analytics and performance purposes.

2. How We Use Your Information

Your information is used to:

- Provide and personalize nutritional therapy services
- Communicate with you regarding appointments, updates, and resources
- Improve our website and services
- Comply with legal and professional obligations

We will never sell or rent your personal information.

3. How We Protect Your Information

We implement appropriate technical and organizational measures to safeguard your personal data. Access is limited to authorized personnel only.

4. Sharing of Information

We do not share your personal information with third parties except as required by



law, or with your consent, or as necessary to deliver services (e.g., using HIPAA-compliant client portals or payment processors).

5. Your Rights

You have the right to access, correct, or request deletion of your personal data. To make a request, please contact us nicoleflynnnutrition@gmail.com.

6. Cookies

This site may use cookies to enhance user experience. You can adjust your browser settings to refuse cookies if you prefer.

7. Changes to This Policy

We may update this Privacy Policy occasionally. The latest version will always be available on our website.